



“If you continue in My word,

then are you My **Disciples InDeed...**”

The Blessedness of Holy Hunger

Matthew 5:6 “Blessed are they that hunger and thirst after righteousness: for they shall be filled.”

A healthy physical body lets its owner know that it has a need for food or drink by sending signals of hunger or thirst to their brain. Most people then act quickly to give the body what it is craving. Jesus compares this common every day experience of the physical world with our spiritual need for righteousness and gives the promise that when our spirits have a healthy craving and desire for righteousness we shall find that need to be fully met.

Webster’s 1828 dictionary has a good definition for the word righteous. It says, “One who is holy in heart and observant of the divine commands in practice.” Jesus said that the person who “hungers” and “thirsts” to be holy in heart and to keep the commands of God in practice shall be fulfilled in their desires and shall be truly happy and blessed in their lives. Aren’t sin and unrighteousness the things that bring so much of our misery, fear, and unhappiness?

Take some time to think about physical hunger and thirst. How often do they come and how important are they? Why did God give them to us? What would happen if we no longer had these drives? How is righteousness like food and drink? The answers to these questions hold some wonderful truths you can apply spiritually.

Here are some Scriptures to ponder:

What does Romans 5:17 reveal to us about righteousness and where it comes from?

In Genesis 15:6 we are told how Abraham received the gift of righteousness and in Romans 3:20-22 we’re told how we can receive it as well. What is the similarity between these Scriptures?

Why do you think it is so important that a person hungers and thirsts for righteousness in order to be able to receive it as a gift?

Finally, how does 1 John 3:7-10 balance the truth that righteousness is a gift from God?

How Spiritually Hungry & Thirsty Are You?

1. Do you feel “hungry” if you haven’t prayed or read your Bible or is that not a big deal to you?
2. Do you long to be more like Jesus or is that not a passion in your life?
3. Are the choices you’re making with your time and occupation, designed to help you seek first the Kingdom of God and His righteousness?

“O God, Thou art my God; early will I seek Thee: my soul thirsteth for Thee, my flesh longeth for Thee in a dry and thirsty land.” -Psalm 63:1



Doers of the Word

What am I going to do to stimulate more hunger and thirst for righteousness in my life?



Verses for Further Study: Rom 3:20-26, Phil 3:8-15, Jer 23:5,6, 1Cor 6:9-11, Rom 4:3-5, Heb 11:6, Is 64:6

“...And you shall know The Truth,
and The Truth shall **make you Free!**”

