



“If you continue in My word, then are you My Disciples **InDeed...**”

Don't Worry About Anything!

Matthew 6:34 “Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.”

1. Jesus repeats the command to “take no anxious thought” for the third time in this short section of His sermon; this time bringing in the idea of not worrying about the future but staying focused on the things at hand. What happens to our productivity, relationships, and attitudes when we allow ourselves to start worrying about the future?

2. What happens to our relationship with God when we choose to worry about the future? (Heb 11:6)

3. What does worry do to the Word of God that was sown into our hearts? (Matt 13:7, 22) _____

4. How does worry put us in danger of being unprepared for the Lord's return? (Lk 21:34)

5. Who is more likely to worry; the rich man or the poor man? (Ecc 5:12) _____

6. What are the root causes of worry; *why* do we worry? _____

7. How much worry does Phil 4:6-7 give room for or allow? “Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your

wants known to God. And God's peace [shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and being content with its earthly lot of whatever sort that is, that peace] which transcends all understanding shall garrison and mount guard over your hearts and minds in Christ Jesus.”

(Amplified) _____

8. What is the instruction given for how to get rid of our worries? _____

9. How does our peace act like a guard over our hearts to help us not to worry? _____

10. What is the remedy for worry given in I Pet. 5:7?

Am I a “Disciple InDeed”?

1. Do I worry about the future or am I learning to ‘cast all my cares’ upon the Lord?
2. Is my relationship with my Heavenly Father such that I have a growing confidence and trust that He won't let me down?
3. Do I have the peace of God in my heart and do I guard over it carefully?

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Doers of the Word

What has God spoken to me today?

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Further Study: Ecc 4:6, Ps 127:1-2, Lk 10:41, Ps 23:1

“...And you shall know The Truth, and The Truth shall **make you Free!**”

