Footprints in the Sand

One night I dreamed...

I was walking along the beach with the Lord. Many scenes from my life flashed across the sky. In each scene I noticed footprints in the sand. Sometimes there were two sets of footprints, Other times there was one set of footprints.

This bothered me because I noticed That during the low periods of my life, When I was suffering from anguish, sorrow or defeat, I could see only one set of footprints.

So I said to the Lord, “You promised me Lord, That if I followed you, you would walk with me always. But I have noticed that during the most trying periods of my life There has only been one set of footprints in the sand. Why, when I needed you most, have you not been there for me?”

The Lord replied, “The times when you have seen Only one set of footprints in the sand, is when I carried you.”

—Mary Stevenson